

An aerial photograph of a coastal swimming pool. A swimmer is visible in the calm, turquoise water on the left. A concrete wall separates the pool from the ocean on the right, where waves are crashing, creating white foam. The background shows a rocky coastline. The text 'PERFORMANCE FUNDAMENTALS' is overlaid in white, bold, sans-serif font. There are also some faint, white, wavy lines in the water.

PERFORMANCE FUNDAMENTALS



Senior leaders invest significant energy into building their team, crafting strategic objectives, and establishing the organisation's cultural tone.



So, what now?



The investment made by Executive leaders to build sustained high-performance stalls at the middle level management due to skill and mindset gaps.

The **Performance Fundamentals Program** equips middle leaders to align with Executive-level goals and drive a strong team culture through building capability, motivation, and capacity.

Bolstering confidence equips these leaders to cut through to the front line and drive whole of business performance.

Performance fundamentals:

- A science-backed, high-performance program
- Tailored specifically for middle leaders
- Centred on six essential focus areas
- Delivered through a multimodal approach
- Equipped with a dynamic toolkit for sustained impact
- Drives consistent and intentional action across the organisation





Six essential focus areas,
contextualised to your organisational
strategy and culture, resulting in
sustainable performance shifts.

- 1 Building sustained individual performance
- 2 Leveraging strengths to lead
- 3 Coaching for performance
- 4 Leading people through change
- 5 Prioritisation and delegation
- 6 Building networks and increasing influence



THE PROGRAM JOURNEY



Pre-engagement
and diagnostics

Full-day, in-person
workshop 1



Think and apply
in real life

Virtual group
coaching session 1



Think and apply
in real life

Full-day, in-person
workshop 2



Think and apply
in real life

Virtual group
coaching session 2



Dynamic toolkit
resource

The program design can adapt to
your context, emphasising specific
capabilities. Bespoke 90-minute
masterclasses are available
upon request.



Curious to know more
about the **Performance
Fundamentals Program?**

Connect with us.



NORTH

SHAPE
POSSIBILITY



 hello@north-co.com.au

 www.north-co.com.au